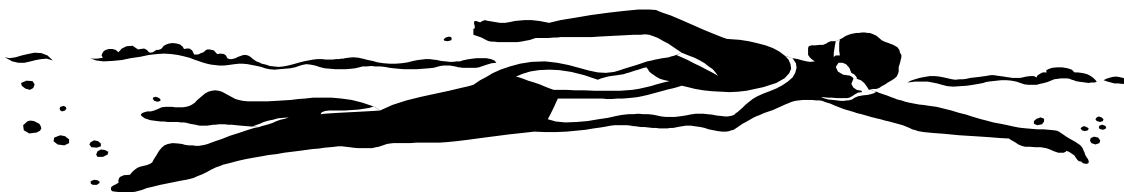


FOREST HILLS SWIM CLUB



Dear Forest Hills Member:

THE POOL SEASON IS ALMOST HERE!!!! It is hard to believe the pool will open in about three months. We would like to thank everyone for joining Forest Hills in the past. We look forward to having you as members this year. In an effort, to help the summer season be more affordable for everyone the fees for 2016 will remain the same as they were the past few years for both the pool and the swim team.

In 2016, the majority of our experienced staff is returning. Erik will be leading our pool staff. An experienced and trained staff helps make Forest Hills the best pool around.

We will be continuing our activities to upgrade your pool facilities. We are committed to always improving the club each year. Your comments are an important part of this process, and we encourage your input. My email address is mlynch1423@aol.com. Forest Hills is your Swim Club and your suggestions are **important**.

Our swim team is at work planning and coordinating with the other pools and the Roanoke Valley Aquatic Association (RVAA) concerning swim meets, city/county championships as well as organizing for splash nights, ice cream parties and other fun-filled activities to make for a successful year. Swimming is the best sport for children and adults alike to come out and get some exercise. **We want to encourage all members to come out and participate with our swim team.** Erik Largen will be leading the finest coaching staff in the valley. We would like to congratulate Coach Erik on another successful winter swimming season with the Patrick Henry Patriots as they head into the State Championship Meet. Rebecca Muzzy will be managing our team and she needs volunteers to help her. Every year we struggle with getting volunteers so **PLEASE help out.** We need swimmers and volunteers to have a great summer swim team. Everyone will be asked to help Rebecca with the volunteer positions to run the swim team. **A handful of people can not do it all.** If everyone will do a little then it is not a huge burden on a few people.

We will be announcing an informational and sign-up meeting at a later date. The enclosed green sheet has the swim team application on one side and other swim team information on the opposite side. Please come out and show your support for the "Oscars", by participating with the team.

The pool will open May 28th and follow the Roanoke County School Schedule. The normal pool hours once school is out will be Monday thru Saturday 11:00 a.m. to 8:00 p.m. and Sunday 1:00 p.m. to 8:00 p.m. While school is in session the pool hours will be Monday thru Friday 3 p.m. to 8 p.m., Saturday will be 11:00 a.m. to 8 p.m. and Sunday 1:00 p.m. to 8:00 p.m. The website and FACEBOOK will contain all the pool and swim team information as well as updates that may take place. The address is foresthilsswimclub.com. The website will contain all the forms and information you may need. The pool and the office number is 540-776-8501. As in the past, **members will be asked to sign-in at the front desk when you enter.**

Thank you for the past support. Remember the 2016 swim season is just around the corner, ***so make your plans to join the Club NOW to receive your \$30 discount. The back of this yellow sheet has the membership application.*** The pink referral rebate sheet is for members who refer new families to the pool.

Forest Hills Swim Club P.O. Box 1425 Salem VA 24153
Phone: Mark Lynch 776-8501 or EMAIL MLYNCH1423@AOL.COM